

2010 FRISCO CROSS

Saturday, October 2nd & Sunday, October 3th, 2010
 Held under permit #1058-Oct2-3 ACA Club# 112HCRT

Directions: From Denver...Take I-70 west to Frisco (exit 203). Take Hwy 9 PAST the Nordic Center entrance, up the hill to the traffic light, turn right into the St. Anthony Medical office parking on the east side of the building. Parking at the peninsula is limited due to construction this year.

Courses: Two slight variations: Fast & technical courses to include pavement, dirt, grass, sand and a few hills;) Start/Finish and Pits will be marked. Please use the RECYCLING and trashcans provided. Pets ok, on leash. Please clean up after them. ACA rules apply.

Registration: In or around The Frisco Day Lodge. This event is day of registration only. Bring current ACA license, \$10 one-day license available. Registration will open at 7:30 A.M., closes 20 min prior to each category race start. Cash or Check only payable to: **High Country Racing Team/HCRT**

Entry Fee: \$25 entry each day, \$10 each additional race category, same day. Juniors Free!

Promoted by: High Country Racing Team (Tim Assor 970-389-3617 & Scott Bourque (970-389-9264). Email contact: frisco_cross@yahoo.com. Thanks in advance: Town of Frisco, Podium Sports, Backcountry Brewery, Best Western Lake Dillon Lodge, The Organic Mechanic, KSMT, Feedback Sports, Kenda tires, Rudy Project, Mountain Khakis, Pearl Izumi Outlet and the ACA.

Other: Shimano Kids Cross for 5+ years old tykes with bikes (infield, 1 PM, weather permitting). Spectators enjoy Free Beer, food (pending) and Music, Announcing antics from LG.

Lodging: Enjoy great lodging rates courtesy of **Best Western Lake Dillon Lodge** (by Safeway Hwy9/I-70). Discount rooms available include free breakfast, WiFi, pool, and +\$20 pet rooms available. Call: **1-800-727-0607** and mention "Frisco Cross" to get special rates.

THE ORGANIC MECHANIC



Category	Suggested Start Time	CS Duration Minutes	Fee	Prizes
JM/W 10-12	8:30	20	Free	Medals
JM/W 8-9	8:30:30	20	Free	Medals
JM/W 15-18	9:00	30	Free	Medals
JM/W 13-14	9:00:30	30	Free	Medals
SM 35+	9:45	45	\$25	CASH/Merchandise (Top 3)
SM 35.4	10:40	45	\$25	Merchandise (TOP 3)
SM 45+	11:35	45	\$25	Merchandise (TOP 3)
SW Open	11:35.3	45	\$25	CASH/Merchandise (TOP 3)
SM Open	12:40	60	\$25	CASH/Merchandise (TOP 3)
SM 55+	1:50	45	\$25	Merchandise (TOP 3)
SW 35+	1:50:30	45	\$25	Merchandise (TOP 3)
SW 4	1:51	45	\$25	Merchandise (Top 3)
SM 4	2:45	45	\$25	Merchandise (TOP 3)
SM 3	3:45	45	\$25	Merchandise (TOP 3)
Singlespeed	3:45:30	45	\$25	Merchandise (Top 3)



Lake Dillon Lodge
 Frisco Colorado

