



Permit #CO-

2011 American Cycling Association Junior Cyclocross Camp at the Alexander Dawson School in Lafayette Colorado

Friday September 30th to Sunday October 2nd

The American Cycling Association 2011 Junior Cyclocross (CX) Camp will be held in Lafayette, CO at the Alexander Dawson School. Registration online only at MadSync <http://mad.sc/n698> Registration opens 6 AM September 3rd and closes September 28th at 10 PM. ACA release waiver must be signed by a parent or guardian. Camp participants must have a current ACA license to attend the camp. One day licenses are not valid for the camp.

www.americancycling.org/licenses(Check out the junior program tab while you are at the site) Cost of the camp is **\$50.00**.

Our head coach is Ann Trombley. The focus of this camp is skill development. Come to camp prepared to ride. We will be sleeping on the floor in 2 different rooms, (gender appropriate accommodations). A list of items to bring will soon be available, but for now be prepared with a bedroll, such as a sleeping bag and pad (or cot), toiletries, and towels.

This camp's main focus will be the development of riding skills for cyclocross racing. Support knowledge such as proper stretching, nutrition, basic race rules and race tactics will also be addressed during class room time.

Differing abilities and ages of the participants demand that groups be set up to maximize appropriate skill level identification and learning, as well as to keep the participant/instructor ratio low. The groups will alternate from ride session to classroom session throughout each day.

Check-in is Friday 30 September 2011 from 6-8 PM at Henderson Hall

Pickup is Sunday at 2PM. All camp participants must be signed in and out of the camp. Alexander Dawson School
10455 Dawson Drive

Lafayette (303) 665-6679

[ACA Standard Release Form](#)

[Camp Medical Release](#)

<http://www.dawsonschool.org/about-us/directions-map/index.aspx>

Questions: Junior Development Coordinator Bruce Whitesel

303-489-7437 This will be the camp contact number on Friday, Saturday, and Sunday

Email: Juniors@americancycling.org

