



16.7



2018 Rocky Mountain Road Cup Policy

Summary of Key Changes

- For Stage Races, each individual day scores cup points in its particular category (TT, Crit, etc). The final overall General Classification scores points in the Stage Race category.
- A new category has been created for omniums. The individual events score points in their particular discipline (TT, Crit, etc). The omnium overall classification scores points in the omnium category.
- Cup overall results are based on the best 3 finishes in each of the six disciplines.
- There will no longer be stage bonuses since each stage now gets points anyway.
- The designation senior, junior, and master is being eliminated from the name of the race group as redundant. Categories will be men or women, and then age groups, categories, or age groups plus categories.
- The default CUP categories are not shown as combined. This year it is Men 3, not Men 3-4. However, for certain categories the Race Director has the option of making them combined as described in the Table in Section 16.7.5.1.
- SM 5 and SW 5 has been renamed Beginner Men 5 and Beginner Women 5. These categories must be given an opportunity to compete. BRAC suggests they be run separate, but if not, they should be combined with the corresponding cat 4 group (i.e. Men 4-5 and Women 4-5)

16.7.1 GOALS

- Recognize the best Bicycle Racing Association of Colorado members in both Individual and Team competitions in designated race groups
- Encourage teamwork and competitiveness
- Effectively manage length of the race day on closed courses
- Encourage quality event promotion
- Effectively manage the race calendar by attempting to evenly distribute Cup events to avoid date conflicts.
- Effectively balance the needs of the race directors with the needs of the riders
- Effectively balance the events for the race groups to give all riders a fair number of racing opportunities

16.7.2 COMPETITOR ELIGIBILITY & RESPONSIBILITIES

16.7.2.1 INDIVIDUALS

- BRAC ANNUAL members who are licensed by USA CYCLING and are categorized as a 1, 2, 3, 4, or 5 (if competing in a non-exclusive Cat 5 event) may earn points in the Rocky Mountain Road Cup rider competition.
- Riders are responsible to ensure that their correct category and club affiliation is on both their USAC and BRAC profiles prior to registering for a particular race.
- Riders are encouraged to verify official results onsite and protest on race day. The official protest period will end 30 days after the completion of the event. Any discrepancies should be reported to membership@ColoradoCycling.org. All results are final after any issues reported within the 30-day period have been resolved.
- Riders monitor the point standings on the BRAC website, and submit questions to membership@ColoradoCycling.org, within three days from the date that an event's results are posted on the BRAC website.
- Points earned before annual membership is obtained will not be counted in the rider's points.
- Pro license holders are welcome to race CUP events but are not eligible for points.

16.7.2.2 TEAMS

- BRAC annual members who are licensed by USA CYCLING and are categorized as a 1, 2, 3, 4, or 5 (if competing in a non-exclusive Cat 5 event) may earn points in the Rocky Mountain Road Cup team competition provided his/her team/club is an annual BRAC member club and USAC club in good standing.
- Riders are responsible to ensure that their correct category and club affiliation is on both their USAC and BRAC profiles prior to registering for a particular race.
- Riders are encouraged to verify official results onsite and protest on race day. The official protest period will end 30 days after the completion of the event. Any discrepancies should be reported to membership@ColoradoCycling.org. All results are final after any issues reported within the 30-day period have been resolved.
- Riders should monitor the point standings on BRAC website, and submit questions to membership@ColoradoCycling.org, within three days from the date that an event's results are posted on the BRAC website.
- Points earned before club annual membership is obtained will not be counted in the team's points. Once team points are listed for an event, no changes in club affiliation will be allowed for that event.
- Only BRAC member clubs in good standing may apply for Cup designation for their event and in doing so agree to abide by:
 - BRAC 2018 General Policy and Road Cup Policy
 - BRAC 2018 Schedule of Fees - Collect and pay all fees as outlined

- The BRAC club contact person should immediately inform the BRAC Membership Manager of any changes to their roster to ensure their members profiles up-to-date for CUP competitions

16.7.3 EVENT SELECTION

- Single Day events, Stage Races, and Omniums will be selected for CUP.
- For Stage Races, each individual day scores points, as well as the overall General Classification.
- For Omniums, each individual day scores points, as well as the overall omnium classification
 - Omniums that are Cup events must have a tie breaking procedure that allows riders who scored no points to be placed in the overall, at least up to 25 places if there are 25 finishers
 - The distribution of points for the individual events in the omnium is subject to approval by BRAC. The points should not be skewed heavily in favor of one event over the others in the omnium.
- Mid-Week races will not be part of the ROAD CUP point competition.
- Individual Time Trials will count for ROAD CUP **Individual** and **Team** designation.
- Team Time Trials will be considered only for ROAD CUP **Team** designation.
- First year events and/or clubs who cancelled an event in the previous year for reasons other than weather, will be considered probationary and therefore must demonstrate to BRAC beyond a reasonable doubt that they should be awarded CUP status.
- Promoting clubs must be current members, in good standing, of both USA Cycling and the Bicycle Racing Association of Colorado.
- Clubs must have properly applied for the status of ROAD CUP and paid the calendar race date fee.
- The Club-designated race director must have completed the CDC concussion course and submitted the certificate of completion to the BRAC secretary.
- BRAC shall select the ROAD CUP events.

16.7.4 EVENT REQUIREMENTS

16.7.4.1 ALL CUP EVENTS

- Events are encouraged to have a professional appearance and atmosphere. Suggested items include, but are not limited to:
 - Announcers and Music
 - Finish Line Apparatus
 - Vendor/Expo Area
 - Activities for children
- In the event of a weather cancellation, the club's race director shall call the Chief Referee and BRAC Membership Manager to inform them of the situation as soon as possible.
- For the ROAD CUP Rider competition, points will apply for a rider's top 20 points earning events, based on his or her top performances in the five disciplines per section 16.7.11.
- For the ROAD CUP Team competition, points will apply for a team's top 20 events in a given season based on its top performances in the five disciplines per section 16.7.11.
 - Individual Time Trials and Team Time Trials will both count for part of the TT race maximum.
 - For Team Time Trials, a team may enter and receive points for more than one team
- BRAC strongly suggests running Men 1-2 and Women 1-2 consecutively or scheduled so the finish time of day is in close proximity to best showcase our sport.

16.7.4.2 REGISTRATION

- Pre-registration is recommended for all CUP events.
- A distinct pre-registration line is required of races offering pre-registration.
- Pre-registration must be available until 36 hours before the event starts. Stage races, omniums, and time trials can close registration earlier with BRAC approval.
- Pre-registration files must include the following validated data and be sent to the timing company or race director 18 hours in advance of first race if requested.
 - First and Last Name
 - Category

- **Validated** USAC License Number
- Gender
- Racer's state of residence
- BRAC Day of Race Registration Program is required to be used for onsite registration.

16.7.4.3 FLYERS

- The Chief Referee and/or Membership Manager must approve race Flyers before finalizing USAC permit.
- All flyers must have the following logos:
 - BRAC
 - USAC
 - Road CUP
 - Pre-J (if applicable)
- Race flyers must be posted 30 days in advance of pre-registration deadline in order to charge late entry fees and to remain part of the ROAD CUP competition.

16.7.4.4 START LISTS

- Start, and call-up lists if applicable, must be generated by the race director and distributed to officials and announcers.
- Start lists must include: Bib #, First and Last name, Team name, Hometown, State, Category, Age, Gender, and USAC #.

16.7.4.5 RESULTS

- Results are based on SPECIFIC CUP RACE GROUP entered by an athlete prior to the event. No race group changes may occur after the start of a race. Electronically generated results must be provided to BRAC. These data files must:
 - include USAC#, Place, Race group, First Name, Last Name, Time, Bib #, Hometown, State
 - provide the calculation of finish times, and provide the ability to sort results by time and race group. They need to be sent to the Membership Manager within 4 hours of the conclusion of the event. Results should be submitted in Excel Spreadsheet format to membership@coloradocycling.org

16.7.5 RACE GROUPS

16.7.5.1 CUP RACE GROUPS

The following groups are the official groups that will compete for the Individual Road Cup and Team Road Cup:

RACE GROUPS INCLUDED IN INDIVIDUAL & TEAM CUP COMPETITION							
Junior Men	Men 9-10	Men 11-12	Men 13-14	Men 15-16	Men 17-18		
Junior Women	Women 9-10	Women 11-12	Women 13-14	Women 15-16	Women 17-18		
Senior Men	Men 1-2*	Men 3*	Men 4*				
Senior Women	Women 1-2*	Women 3	Women 4*				
Master Men	Men 40+ 1-2-3	Men 40+ 3*	Men 40+ 4*	Men 50+ 1-2-3	Men 50+ 4*	Men 60+	Men 70+
Master Women	Women 40+	Women 50+	Women 60+				

* **At the discretion of the race director**, these classes may also include the next lowest category. For example, the Men 3 could be designated Men 3-4.

- PROs are welcome to race in cup events. PRO license holders are not Rocky Mountain Road Cup eligible and are **not** eligible for State Championships.

16.7.5.2 NON-CUP RACE GROUPS

There are two obligatory Non-Cup groups:

- Beginner Men 5
- Beginner Women 5

A Race Director must give these categories an opportunity to compete, as either a separate race or combined with the Men 4 and Women 4, respectively. A separate Beginner 5 event should not be longer than the corresponding race for the 4's of the same gender. If the Beginner 5's are combined with the 4's, the field limit is 75.

BRAC encourages Race Directors to find time in the schedule to offer these as separate categories to better encourage growth of participation.


Category 5 is an entry level category. Riders are strongly encouraged to upgrade quickly within USAC upgrade policy. There are no cup points for races exclusively for category 5, although BRAC encourages holding Beginner Men 5 and Beginner Women 5 events to help bring new riders into the sport.

16.7.6 RACE Groups for State Championships

Races that host specific groups for their State Championships, such as Junior Hill Climb or Masters criterium, may host other race groups in addition to the championship classes. Race groups run for State Championships have separate starts and are not combined with other race groups. The events will be CUP for these other classes as long as they are correct CUP race groups.

16.7.7 CUP RACE DAY REQUIREMENTS

Races held in Colorado are expected to meet the following standards:

		ROAD RACE	CRITERIUM	HILL CLIMB	TIME TRIAL
	Technology	High Speed Camera*	High Speed Camera*	High Speed Camera*	Electronic Timing*
	Prize List	Cash MEN 1-2: 5 deep: Cash WOMEN 1-2: 3 deep			
	Spectacle	Quality announcers and sound, formal podium. Neutral support encouraged. Pre-J Events are strongly encouraged.			
	Course Safety	Solid fencing last 50 meters	Solid fencing last 50 meters	Solid or soft fencing last 50 meters	
	Medical	Dedicated EMT, Paramedic, or medical professional with triage experience			
	Officials Enclosure & Staffing	Enclosed, weatherproof, wind-proof, elevated, safe and shaded space for race officials. This space must be positioned such that officials can clearly see oncoming racers. The Chief Referee has the final decision regarding the most suitable judging location for the officials. Staffed at USA Cycling guidelines at a minimum. Radios are required for communication between Race Director, Chief Referee, Chief Judge, Registration, Medical; additional radio distribution is suggested (note, radios are provided by BRAC free of charge for BRAC events)			
	Race Numbers	Meet minimum standards per USAC Rule 1J7			
NON CUP	Technology	Finish Line Camera**	Finish Line Camera**	Finish Line Camera**	Results Calculations & Sorting Program***
	Prize List	Race Director Discretion			

Course Safety	Hard or soft fencing final 50 meters
Medical	Dedicated EMT, Paramedic, or medical professional with triage experience
Officials Enclosure & Staffing	Officials Work Area. Elevated and covered platform with table, chairs, laps counter, and bell. Per USA Cycling specifications at a minimum.
Race Numbers	Meet minimum standards per USAC rule 1J7

* A 'High Speed Camera' is defined as a camera with the capability to produce images at a minimum speed of 1,500 line scans per second.

** Not necessarily a high speed camera, but good video system with playback capability while still filming

*** Program that can subtract times and then sort them

16.7.8 INDIVIDUAL TIME TRIALS

The table below summarizes the groups that must be offered for CUP time trials. Any variations in this must be approved by BRAC prior to the event. Race directors may also run other non-cup categories.

Riders may always choose to ride up in a higher category for individual time trials.

Time Trial Groups	
Men 1-2	Women 60+
Men 3	Men 9-10
Men 4	Men 11-12
Women 1-2	Men 13-14
Women 3	Men 15-16
Women 4	Men 17-18
Men 40+ 1-2-3	Women 9-10
Men 40+ 3	Women 11-12
Men 40+ 4	Women 13-14
Men 50+ 1-2-3	Women 15-16
Men 50+ 4	Women 17-18
Men 60+	Beginner Men 5
Men 70+	Beginner Women 5
Women 40+	
Women 50+	

16.7.9 TEAM TIME TRIALS

- All riders on a TTT Team must have the same club on their annual USAC license to count for ROAD CUP Team Points.
- Composite Teams and/or teams with 1-Day licensees are ineligible for ROAD CUP Team points.
- Points shall be awarded to the top ten teams.
- Riders may ride up categories for TTT's. The Race Group is taken in highest category rider.
- The Race Group must be designated at registration. Example below:

Men 1-2 TTT could comprise one cat 2, one cat 3, one cat.4 man. They will be placed in the Men 1-2 race group.

Men 40+ 1-2-3 TTT could comprise one 40+ Cat-2, one 50+ Cat 3, one 60+ Cat 4. This team will be placed in the Men 40+ 1-2-3 race group.

Men 17-18 could comprise one Men 17, one Men 15, and one Men 12 rider. This team will be placed in the Men 17-18 race group.

	Number of Riders	Time Taken On
Men	3-4	3 rd rider
Women	2-4	2 nd rider
Men/Women 9-18	2-4	2 nd rider

16.7.10 ROAD RACES

16.7.10.1 ROAD RACE/ DISTANCES

- Courses over five kilometers - if a circuit course is used for an individual road race, the distance per lap should be at least 5 kilometers.
- Minimum race lengths for CUP road races are shown in the table below.
- Exceptions to the minimum distances may be made at BRAC's discretion
- Groups separated by a "/" indicate the groups start together or are staggered but have separate results and prizes.
- Road Races that do not meet the minimum distances may be scored as criteriums at BRAC's discretion.

RACE GROUP	LENGTH (MINIMUM IN MILES)
MEN 1-2	75
MEN 3	50
MEN 4	35
MEN 40+ 1-2-3	50
MEN 40+ 3	50
MEN 40+ 4	35
MEN 50+ 1-2-3	50
MEN 50+ 4	35
MEN 60+	35
MEN 70+	35

RACE GROUP	LENGTH (MINIMUM IN MILES)
WOMEN 1-2	50
WOMEN 3	40
WOMEN 4	25
WOMEN 40+	40
WOMEN 50+	25
WOMEN 60+	25

RACE GROUP	LENGTH (MINIMUM IN MILES)
MEN 17-18	25
WOMEN 17-18	25
MEN 15-16	25
WOMEN 15-16	25
MEN 13-14	10
WOMEN 13-14	10
MEN 11-12	10
WOMEN 11-12	10
MEN 9-10	10
WOMEN 9-10	10

16.7.10.2 CUP ROAD RACES/ REQUIRED GROUPS AND RECOMMENDED COMBINATIONS

In an ideal world, all race groups would have their own starts. Given that is not practical in most races, the table below indicates the suggested combinations of groups on the road. These are designed to give everyone the best racer experience possible within the confines of race practicality. Any variations in this must be approved by BRAC prior to the event. Groups separated by a "/" indicate that they have a common or staggered start but will be scored separately for points and prizes. The Race Director can choose to offer these groups separately at his or her discretion, and/or add non-cup groups, such as separate Beginner Men 5 or Beginner Women 5.

<u>26 Race Groups</u>	<u>Preferred Combinations</u>
MEN 1-2	MEN 1-2/MEN 3/MEN 40+ 1-2-3
MEN 3	
MEN 40+1-2-3	
MEN 4	MEN 4 / MEN 17-18/MEN 15-16
MEN 17-18	
MEN 15-16	
WOMEN 1-2	WOMEN 1-2 / WOMEN 3 / WOMEN 40+
WOMEN 3	
WOMEN 40+	
WOMEN 4	WOMEN 4 / WOMEN 17-18 /WOMEN 15-16/ WOMEN 50+ / WOMEN 60+
WOMEN 50+	
WOMEN 60+	
WOMEN 17-18	
WOMEN 15-16	
MEN 40+3	MEN 40+3 / MEN 50+1-2-3
MEN 50+1-2-3	
MEN 40+4	MEN 40+4 / MEN 50+ 4
MEN 50+4	
MEN 60+	MEN 60+ / MEN 70+
MEN 70+	
MEN 9-10	MEN 9-10 / WOMEN 9-10 / MEN 11-12 / WOMEN 11-12/ MEN 13-14/ WOMEN 13-14
WOMEN 9-10	
MEN 11-12	
WOMEN 11-12	
MEN 13-14	
WOMEN 13-14	

16.7.11 CRITERIUMS

- Closed Courses between eight hundred meters and five kilometers in length.
- Mentoring races are important in the growth of our sport and the skill development of our members; upon written request, BRAC is willing to allow variations (both race duration and groupings) in the following schedules to promote development initiatives.
- BRAC strongly suggests running MEN 1-2 and WOMEN 1-2 consecutively or scheduled so that finish time of day is in close proximity to best showcase our sport.

16.7.11.1 CRITERIUM DISTANCES

The table below shows the minimum criterium distance* for the various race groups:

RACE GROUP	LENGTH (MINUTES)
MEN 1-2	60
MEN 3	50
MEN 4	40
MEN 40+ 1-2-3	50
MEN 40+ 3	45
MEN 40+ 4	40
MEN 50+ 1-2-3	45
MEN 50+ 4	40
MEN 60+	40
MEN 70+	40

RACE GROUP	LENGTH (MINUTES)
WOMEN 1-2	45
WOMEN 3	45
WOMEN 4	40
WOMEN 40+	45
WOMEN 50+	40
WOMEN 60+	40

RACE GROUP	LENGTH (MINUTES)
MEN 17-18	40
WOMEN 17-18	40
MEN 15-16	30
WOMEN 15-16	30
MEN 13-14	20
WOMEN 13-14	20
MEN 11-12	20
WOMEN 11-12	20
MEN 9-10	20
WOMEN 9-10	20

* These distances may be modified at BRAC's discretion for a particular event

6.7.11.2 REQUIRED GROUPS AND RECOMMENDED COMBINATIONS FOR CRITERIUMS

In a perfect world, all 26 race groups would have their own start. This being impractical, the following table gives suggested combinations, distances, field limits, and required gaps between races. A race director is always welcome to separate out groups, such having a separate MEN 5 or WOMEN 5, or MEN 50+ 5 event. Groups separated by a / indicate that they start together (or possibly staggered), have separate prizes, and separate results produced. Note that any event that allows cat 5 riders has a field limit of 75 per USA Cycling rules:

<u>Race Group or Combination</u>	<u>Minimum Race Time</u>	<u>Time Gap After Race</u>	<u>Field Limit</u>
MEN 1-2	60 min	10 min	*
MEN 3	50 min	10 min	*
MEN 4 / MEN 17-18 / MEN 15-16	40 min	10 min	75
WOMEN 1-2 / WOMEN 3 / WOMEN 40+	45 min	10 min	75
WOMEN 4 / WOMEN 50+ / WOMEN 60+ / WOMEN 17-18 / WOMEN 15-16	40 min	15 min	75
MEN 9-10 / WOMEN 9-10 / MEN 11-12 / WOMEN 11-12 / MEN 13-14 / WOMEN 13-14	20 min	15 min	75
MEN 40+ 1-2-3	50 min	10 min	*
MEN 50+ 1-2-3 / MEN 60+ / MEN 70+	45 min	10 min	75
MEN 40 + 3	45 min	10 min	*
MEN 40+ 4 / 50+ 4	40 min	10 min	*
Lunch Break	15 min	15 min	

* If no field limit is requested by the race director and approved by the Chief Referee and BRAC, the default field limit is 100.

16.7.12 SCORING AND REGULATIONS

Cup series team and Individual point totals will be calculated using the highest point values from:

- Top 3 - Road Races
- Top 3 - Criteriums
- Top 3 - Time Trials
- Top 3 - Hill Climbs
- Top 3 - Stage Race General Classifications
- Top 3 – Omnium General Classifications

16.7.12.1 INDIVIDUAL CUP SCORING

Place	Points
1	35
2	30
3	27
4	24
5	22
6	20
7	19
8	18
9	17
10	16
11	15
12	14
13	13
14	12
15	11
16	10
17	9
18	8
19	7
20	6
21	5
22	4
23	3
24	2
25	1

- In 2018, Stage Race G.C. will earn 1.25 the number of points shown in the table above.
- In 2018, all State Championships will earn 50% more points compared to other events.

16.7.12.2 TEAM CUP SCORING

Team CUP will be scored as follows:

- In order to score team cup points in a particular race group for a particular race, the team must have at least two finishers.
- In each race, the finish places of the team's top two riders be added together.
- The team with the lowest total of sum of placings will be the team winner for the day.
- The team with the second lowest sum of placings will be second place, etc.
- In the case of a tie on sum of placings, the tie will be broken in favor of the team who had the highest placing rider
- Once the ranking by teams for the day is established, the teams will receive the number of points for the Team CUP competition per the table below:

Team Placing	Points
1	20
2	17
3	14
4	12
5	11
6	10
7	9
8	8
9	7
10	6
11	5
12	4
13	3
14	2
15	1

16.7.12.3 TIE BREAKERS

Ties in the final individual and Team CUP classifications will be broken by the greatest number of points in the respective race group at the BRAC designated state championship events in the following order;

- Road Race
- Time Trial
- Hill Climb
- Criterium