

# Altitude Adjustment CROSS

last chance for points

**Jan 4-5, 2014 ★ Longmont CO ★ Sandstone Ranch Park ★ [AltitudeAdjustmentCross.com](http://AltitudeAdjustmentCross.com)**

Here's your chance to sharpen the legs after a Christmas break just a few days before the National Championships in Boulder.

*If you're coming to Boulder from out of town this is your chance to race at altitude and get adjusted to the effect.***Last Race to Improve your Ranking before Nationals!** Points from 2 days of racing submitted for your National Championship start position.

A chance to race in your National Championship category against some of your rivals and nemeses from across the U.S.



START TIME	CATEGORY	DURATION	PRIZE/PLACES	FIELD SIZE	ENTRY FEE	RACE DAY
8:15:00 AM	SM 50-54, SM 55-59	40 min	Merch/3 ea.	125	\$35	\$45
8:15:30 AM	SM 60-64, SM 65+	40 min	Merch/3 ea.		\$35	\$45
9:05:00 AM	SM 35+ _4/5	40 min	Merch/3	125	\$35	\$45
10:00:00 AM	SS Men	40 min	Merch/3		\$35	\$45
10:00:30 AM	SM 40-44	40 min	Merch/3	125	\$35	\$45
10:02:00 AM	SM 45-49	40 min	Merch/3		\$35	\$45
10:02:30 AM	SS Women	40 min	Merch/3		\$35	\$45
10:50:00 AM	SW 3	40 min	Merch/3	125	\$35	\$45
10:50:30 AM	SW 4	40 min	Merch/3		\$35	\$45
10:51:00 AM	JW 17-18	40 min	Merch/3		\$8	\$12
10:51:05 AM	JW 15-16	40 min	Merch/3		\$8	\$12
11:40:00 AM	JM 13-14	20 min	Merch/3		\$8	\$12
11:40:05 AM	JW 13-14	20 min	Merch/3	125	\$8	\$12
11:42:00 AM	JM 11-12	20 min	Merch/3		\$8	\$12
11:42:05 AM	JW 11-12	20 min	Merch/3		\$8	\$12
11:43:00 AM	JM 9-10, JW 9-10	20 min	Merch/3		\$8	\$12
12:10:00 PM	Course Preview	25 min				
12:40:00 PM	SM 4	40 min	Merch/3		\$35	\$45
12:42:00 PM	SM 5	40 min	Merch/3	125	\$35	\$45
12:43:00 PM	JM 17-18	40 min	Merch/3		\$8	\$12
12:43:30 PM	JM 15-16	40 min	Merch/3		\$8	\$12
1:30:00 PM	SM 3	40 min	Merch/3	125	\$35	\$45
1:31:00 PM	SM 35+ _3	40 min	Merch/3		\$35	\$45
2:20:00 PM	SW Open	40 min	Merch/3		\$35	\$45
2:20:30 PM	SW 35-39	40 min	Merch/3	125	\$35	\$45
2:21:00 PM	SW 40-44	40 min	Merch/3		\$35	\$45
2:21:30 PM	SW 45-49, SW 50-54, SW 55+	40 min	Merch/3 ea.		\$35	\$45
3:15:00 PM	SM Open	60 min	Merch/3	125	\$35	\$45
3:17:00 PM	SM 35-39	60 min	Merch/3		\$35	\$45

Held under USA Cycling Permit. Chief Referee: Tim Madden

**Course Description:** Fast, flowing approx. 3 km. course on the grassy areas of Longmont's Sandstone Ranch Park. But don't expect all flat surfaces, there are slopes to test your skills, some stairs and a punchy climb to test your legs. Race is rain or shine.

**Special Notice:** No Riding on the Soccer Fields – **You will be DQ'ed** and not permitted to race and/or your results will be nullified. Please respect the park rules.

**Course Preview:** See Schedule at Registration Area. No Warm-ups on course while others are racing.

**Call Ups:** Start Order is based on 1) USAC Ranking for pre-registered riders, and 2) Order of registration for day-of registration. Must be at Start Grid 10 minutes pre-race.

**Registration:** Online Registration at [BikeReg.com](http://BikeReg.com). Online registration closes Thursday Jan. 2 at 12 NOON Mtn.

On-site registration opens at 7 am and closes 40 minutes before each category start time each day.

2014 BRAC membership is recommended to avoid \$5 1-day BRAC membership fee. BRAC membership can be purchased at [www.coloradocycling.org](http://www.coloradocycling.org).

USAC 1-Day license available on site for cat 5 men and Cat 4 women only.

No refunds for event cancellations related to weather or natural disasters.

Juniors race their category for only \$8. Juniors racing other categories pay full amount.

"Race a 2nd Race Discount" – Pay only \$15 for the 2nd race.

**Race Rules:** All USAC Rules Apply. Participants must sign a Standard Release Form. Current USAC license required. *That means 2014 – Renew your license in advance.* Racing age is based on your age as of 12/31/2014.

Riders about to be lapped by the leader on the course may be pulled by the CR.

Team Tents may not be set up on the grass without permission. For tent space:

[info@altitudeadjustmentcross.com](mailto:info@altitudeadjustmentcross.com)

**Directions:** Sandstone Ranch Park, Highway 119 between Longmont and I-25. Just 15 minutes from Boulder.

**GPS:** 3001 Colorado 119, Longmont CO 80504.

**Hotel:** Plaza Hotel in Longmont has special rates for Altitude Adjustment Cross that extends through Nationals. Details at

[www.AltitudeAdjustmentCross.com](http://www.AltitudeAdjustmentCross.com)

Oskar Blues Beer Garden and Bone Wagon Food Truck will be at the race both days.

Friday night number pick up to be announced.

**Keep up to date on all the race and party plans**  
**Twitter @AltitudeCross.**

Complete information at

[www.AltitudeAdjustmentCross.com](http://www.AltitudeAdjustmentCross.com).

Contact [info@altitudeadjustmentcross.com](mailto:info@altitudeadjustmentcross.com).

303.684.9170.