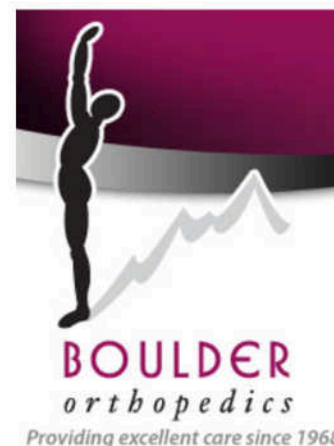


# Boulder Orthopedics

# CRITERIUM

Sunday, May 10, 2015

Registration [www.bmct.CO](http://www.bmct.CO) (not '.com')  
 Held under USAC Permit 2015-1218 Chief Referee Tom Foss



|  | Start    | Duration | Prizes/Places   | Field Limit | Entry Fee |
|--|----------|----------|---|-------------|-----------|
| USA Cycling Beginning Racer Program<br>SW 4, SM 5, MM 5 (see page 3) | 7:00 AM  | 40 min   | Clinic Instructor : Jennifer Sharp<br>USA Cycling Level 1 Coach | 40          | \$0       |
| MM 50+, 4-5  | 7:50 AM  | 45 min   | Medals/3  | 75          | \$38      |
| MW 40+   | 8:45 AM  | 40 min   | \$60/3 Medals/3   | 75          | \$38      |
| MW 50+   |          |          | \$40/2 Medals/3   |             |           |
| SW 4   | 8:47 AM  | 40 min   | Medals/3  | 75          | \$38      |
| JW 17-18   |          |          | Medals/3  |             |           |
| MM 60+   | 9:35 AM  | 50 min   | \$50/3 Medals/3 + \$50 Sprint pts/3                             | 75          | \$38      |
| MM 40+, 4-5  | 10:35 AM | 45 min   | Medals/3 + \$50 Sprint pts/3                                    | 75          | \$38      |
| MM 50+, 1-2-3  | 11:30 AM | 55 min   | \$150/5 Medals/3 + \$50 Sprint pts/3                            | 75          | \$38      |
| SW P-1-2-3   | 12:55 PM | 55 min   | \$200/5 Medals/3 + \$50 Sprint pts/3                            | 75          | \$38      |
| MM 40+, 1-2-3  | 2:00 PM  | 60 min   | \$200/5 Medals/3 + \$50 Sprint pts/3                            | 75          | \$38      |
| SM 3   | 3:10 PM  | 55 min   | \$150/5 Medals/3 + \$50 Sprint pts/3                            | 75          | \$38      |
| JM 17-18   |          |          | Medals/3  |             |           |
| SM P-1-2   | 4:20 PM  | 75 min   | \$500/6 Medals/3 + \$100 Sprint pts/3                           | 75          | \$38      |
| MM 40+, 3  | 5:45 PM  | 50 min   | Medals/3 + \$50 Sprint pts/3                                    | 75          | \$38      |
| SM 4-5   | 6:45 PM  | 45 min   | Medals/3 + \$50 Sprint pts/3                                    | 75          | \$38      |



## Registration

**Online [bmct.co](http://bmct.co) (not '.com')**  
 Online registration closes May 8, 10 PM  
 \$38 + \$0 online fee, \$42 race day  
 \$15 for additional race  
 All USAC/BRAC fees included  
 Updates [bmct.co](http://bmct.co) and  
[BoulderMastersCycling.com](http://BoulderMastersCycling.com)

## USAC License Required

License must be presented race day  
 No 1 Day Licenses sold onsite  
 Annual License [usacycling.org](http://usacycling.org)

## BRAC Membership Required

Membership sticker must be presented race day  
 BRAC 1 Day membership \$5 on site  
 Annual membership [coloradocycling.org](http://coloradocycling.org)



## Race Day Reg/Check in

Opens 6:30 AM  
 Closes **40** minutes prior  
 to race start

## Course Location

Table Mountain, Golden  
 CSP track (see map)  
 North end of Quaker Street  
 runs into the CSP track

## Course Description

CSP training track  
 2.25 Km smooth wide track

## USAC Rules Apply, see [usacycling.org](http://usacycling.org)

**Free Lap Rule in effect**  
**No Feeding**  
**Event will be held Rain or Shine**  
**Neutral wheel support by ROL Wheels**  
**Awards Presentation following next race**  
**Awards following the last race of the day**  
 30 minutes after finish  
**Junior gear restrictions apply**

## Questions and more info

[BoulderMastersCycling.com](http://BoulderMastersCycling.com)  
[race@bmct.CO](mailto:race@bmct.CO) (not '.com')  
 Bill Brant (303) 588-2697



## Sprint Points! \$\$Cash\$\$

During most races every 3-4 laps there will be a 3  
 place sprint for 3-2-1 pts. Top 3 overall pts win cash.

Presented By

BOULDER MASTERS  
CYCLING TEAM

Mastering the art of champions since 1984



Bicycle Racing  
Association of Colorado

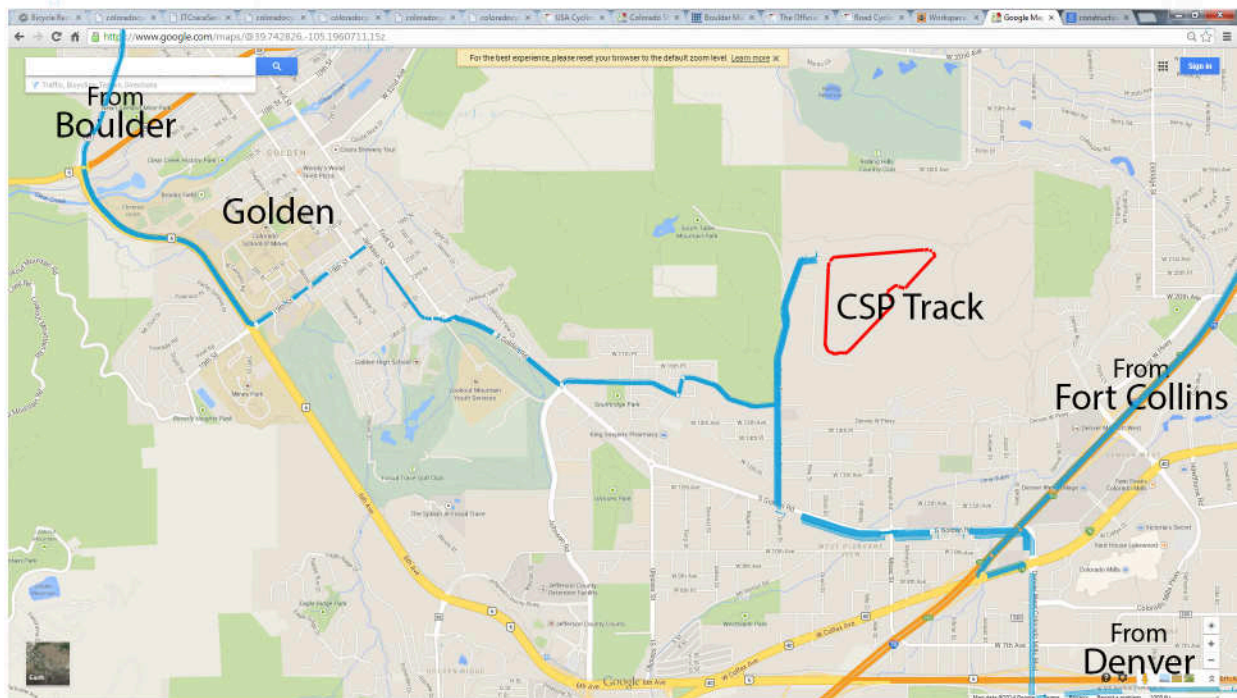
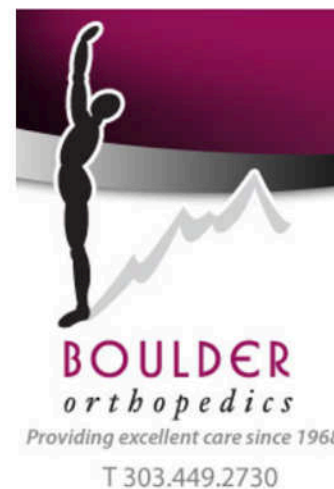


# Boulder Orthopedics

# CRITERIUM

Sunday, May 10, 2015

[www.bmct.co](http://www.bmct.co) (not '.com')



Colorado State Patrol Training Facility, Golden, Colorado. General directions : South Golden Road, turn north onto Quaker Street through open green gates where pavement ends dirt begins. Follow this dirt road up the hill where pavement resumes. Park along this road.

## Questions and more info

BoulderMastersCycling.com  
 race@bmct.CO (not '.com')  
 Bill Brant (303) 588-2697  
 Keith Harper (720) 240-3108



**Directions from Boulder** Hwy 93 South to Golden. Left onto 19th Street, Right onto Jackson Street, at the traffic circle take 3rd onto S Golden Road, at the traffic circle take the 3rd exit onto W 16th Ave., Left onto Ulysses Street, Right onto Golden Hills Place, Left onto Quaker Street, drive to entrance of CSP track.

**Directions from Denver** US 6 West, Exit Indiana Street toward Denver West Colorado Mills Blvd, Right onto West Colorado Mills Blvd, stay on this road as it goes left and becomes S Golden Road, Right onto Quaker Street, drive to entrance of CSP track.

**Directions from Fort Collins** I-25 South, Exit 216 onto I-76 West, Exit onto I-70 West, Exit 262 onto US 40 West/Colfax Ave toward US 6, Right onto Moss Street, at the traffic circle take the 3rd exit onto S Golden Road, Right onto Quaker Street, drive to entrance of CSP track.

Presented By

## BOULDER MASTERS CYCLING TEAM

Mastering the art of champions since 1984



Bicycle Racing Association of Colorado



# USA Cycling Beginning Racer Program

The USA Cycling Beginning Racer Program (BRP) is designed to provide new racers with an enjoyable and educational experience as they learn to race their bike. The objective of the BRP is to inspire and educate new riders, leading to a safer and more enjoyable racing experience.

The BRP is open to all new racers – from juniors to masters. The BRP is a great way to learn the skills and dynamics of bike racing in a safe and non-intimidating environment.

Teaching the clinic will be Jennifer Sharp, USA Cycling Level 1 certified coach. She will be assisted by other USA Cycling certified coaches and mentors for the program.

Information and Race Day logistics:

- \$0 – the clinic is free
- Sign up race day – no preregistration for the clinic
- All participants need to sign a USAC competitive/non-competitive race agreement
- All participants need to sign-in for the clinic at race registration
- The clinic starts at 7:00 AM sharp
  - Arrive at least 20 minutes early to sign-in
  - Meet at the race course Start/Finish area by 7:00 AM
- Participants are eligible to earn 2 upgrade points
  - Attend the clinic
  - Race in your eligible class/category
  - Attend a debrief session

For more information, please visit

<http://www.usacycling.org/beginner-racer-program.htm>

Notes from the Race Promoter

You will need a USA Cycling license to race in the Boulder Orthopedics Criterium. You may either purchase an annual license from [www.usacycling.org](http://www.usacycling.org) or purchase a one day license when you pre-register for this event at [www.bmct.co](http://www.bmct.co). No licenses will be sold race day.

- How to read the race flyer :
  - Races are listed by class/gender/category
  - Beginning women racers are category 4
  - Beginning men racers are category 5
  - Masters races have a minimum age listed
  - Your racing age is your age on 12/31/2015
- For this race, beginning racers can race the following events:
  - MM 50+, 4-5 Men, racing age at least 50, categories 4 and 5
  - MW 40+ Women, racing age at least 40, all categories
  - MW 50+ Women, racing age at least 50, all categories
  - SW 4 Women, racing age at least 19, category 4
  - JW 17-18 Women, racing age not over 18
    - >>NOTE: Juniors have gearing restrictions <http://www.usacycling.org/encyclingpedia/encycstory.php?id=4203>
  - JM 17-18 Men, racing age not over 18
    - >>NOTE: Juniors have gearing restrictions <http://www.usacycling.org/encyclingpedia/encycstory.php?id=4203>
  - MM 60+ Men, racing age at least 60
  - MM 40+, 4-5 Men, racing age at least 40
  - SM 4-5 Men, categories 4 and 5