



2015 BRAC Regional Junior Cross (CX) Camp

Friday, September 25, 2015 to Sunday, September 27, 2015

Rocky Mountain Village, Empire CO (<http://goo.gl/maps/jzfYE>)

Junior CX Camp provides a safe, structured environment for our juniors to learn the basics of cycle cross riding and racing. Consisting of group rides, skills riding, contact drills, and talks about training, tactics, bike maintenance and nutrition, the Camp is the perfect introduction to cycle cross cycling for our young athletes. We believe that an overnight camp in a unique setting encourages our young athletes to immerse themselves in a positive learning environment. Away from normal distractions, our junior athletes get the chance to live and ride like professional athletes for a weekend. For many of our young riders, Junior CX Camp builds the skills and confidence that will help them as athletes for years to come. And of course, it is a lot of FUN!

Coaches have included: Marty Albe, Margell Abel, Clint Bickmore, Kristal & Carl Boni, Aaron Bouplan, Chris Cleavelin, Liam & Cormac Dunn, Gage Hecht, Joe Strandell, Jesse Swift, Adam Rachubinski, Danny Summerhill, Emily Zinn, Aaron Zoerner. **Camp Director:** Deirdre Moynihan

Registration: Camp is limited to 130 campers. Jr. CX Camps sold out in 2013 & 2014.

Fee Structure

- 1st 40 campers to register will pay \$110
- 2nd 40 campers to register will pay \$130
- 3rd 40 campers to register will pay \$150
- Rookie campers – 10 slots available at \$110
 - Rookie Campers = have never attended any BRAC Jr. Camp previously (this includes Road and CX Camps)
- Waitlist campers will pay \$170
- Priority for Waitlist campers are as follows:
 - First spots will go to campers that have not been on the waitlist in previous years
 - Following that it will be first come, first serve based on slots that open
- Refunds/Cancellations – refunds are only granted if slot is filled

Registration closes on September 21st or until maximum capacity of 130 campers has been reached. Limited scholarships available. Registration includes: 2 dinners, 2 breakfasts, 2 lunches, snacks, lodging, coaching,

Scholarships available – please contact Deirdre Moynihan via email (deemmoynihan@gmail.com)

Parent Volunteer/Chaperones: [Sign up here](#)

Jr. Coaches: Apply here

USA Cycling license is required. If you do not have a USAC license you can purchase a 1 Day

REGISTER ONLINE at getevent.com

Questions: Deirdre @ deemmoynihan@gmail.com /303-931-6455



Bicycle Racing Association of Colorado (BRAC) is committed to young riders, and has created one of the country's best Junior Development Programs. Designed to develop the skills, strength, healthy habits, and confidence to take part in a demanding sport, the Junior Development Program has produced many of today's talented American racers, and just as importantly, has helped hundreds of young people to lead healthy and active lives.