



Karen Hornbostel Memorial Time Trial

Permitted by USA Cycling - Permit: 2015-649
Chief Referee: Tom Foss



Colorado Bicycle
Racing Association
for Seniors



Photo by Ryan Muncy

The 2015 Series consists of seven (7) individual time trials on consecutive Wednesday evenings.

When: April 1, 8, 15, 22, 29
May 6, 13
May 20 (Make up date)

Where: Cherry Creek State Park,
4201 S. Parker Road
Aurora, CO 80014

Time: First racer starts at 4:30 PM
Final racer at approximately 7:20 PM

In the event that a race is cancelled due to inclement weather the make-up date will be May 20.

The race series KHMTT is a fundraiser for BRAC and the Cancer Fitness Institute in memory of Karen Hornbostel.

Additional information about the series and updated information is available at:
<http://khmtt.cobrascycling.org>
<http://facebook/khmtt.cobrascycling.org>
Email: khmtt@cobrascycling.org

WEATHER

Be prepared to ride in all conditions; we are a hearty group that will race whenever safe!

Spring weather in Colorado can be windy, raining, sleeting or snowing. If the Chief Referee deems conditions to be unsafe on the day of the race, that day's racing may be canceled. May 20 has been established as a make-up date, and no additional make-up days are available. All start times will remain in effect. No refunds will be made for canceled races.

Race cancellation may not be determined until 3:00 PM or later on race day and will be posted on the BRAC website: www.coloradocycling.org.

CATEGORIES AND RACE GROUPS

USA Cycling rules apply and a USAC license is required, plus a BRAC membership. See www.usacycling.org to purchase a USAC Road license and <http://www.coloradocycling.org> to purchase a BRAC club membership.

Historically, this series sells out quickly. The entry fee includes USAC and BRAC operational surcharges, but does not include entry to the Park.

Best Value: Sign up for the entire seven week series. You will start at the same time each week and have the same riders in front of you and behind you. This is a great way to see how your fitness is progressing.

Super Value: If you want to ride the course twice (two numbers, two start times) pay only \$40 more (\$200).

Individual Races: If you can't make it for the entire series, individual races may be purchased on race day if available. Cost per individual race is \$10.00 for juniors and \$30.00 for all others.

Note that USAC Rule 1H4(c) allows riders to enter one-day time trial events in their category or a higher category at their discretion.

		Series Price			Series Price			Series Price
JM 9-10	JW 9-10	\$60	SM P-1-2-3	SW Open	\$160	MM 55-59	MW 55-59	\$160
JM 11-12	JW 11-12	\$60	SM 4/5	SW 4	\$160	MM 60-64	MW 60+	\$160
JM 13-14	JW 13-14	\$60	MM 40-44	MW 40-44	\$160	MM 65-69		\$160
JM 15-16	JW 15-16	\$60	MM 45-49	MW 45-49	\$160	MM 70-74	MM 75+	\$160
JM 17-18	JW 17-18	\$60	MM 50-54	MW 50-54	\$160	Tandems		\$160
			Retro Men		\$160	Hand Cycles		\$160
			Retro Women		\$160	Single Speed		\$160

TANDEM

Both tandem riders must have a USAC license, and both must sign releases, although only one needs to apply. The indicated entry fee is for the team and not per individual.

RETRO CATEGORY

No time trial equipment allowed. Time trial equipment includes aero bars, any rims deeper than 50mm, disk wheels, aero helmets, or flat tube frames. Skin suits and shoe covers are permitted. The Chief Referee will make the final decision on all retro equipment and accessories.

REGISTRATION

Start times will be based on first come, first served. Be sure that your email and mailing address is correct on the registration form. After registering (usually within 48 hours) you will receive an email with available times to select from. Registration is available at <http://khmtt.cobrascycling.org/registration/>

All riders must sign a Standard USAC Release, and will be available for you to sign when you pick up your number.

All times may be adjusted slightly before number pick-up in order to compress the start order and / or to eliminate empty slots.

NUMBER PICKUP

Friday March 27	4 PM - 6 PM	Green Mountain Sports	12364 West Alameda Parkway Lakewood, CO 80228S
Saturday March 28	2 Pm - 5 PM	Adrenalin Cycles	9567 South University Boulevard Littleton, CO 8012
Monday March 30	3 PM - 6 PM	Adventure Cycling	4361 S Parker Rd (Quincy & Parker) Aurora, CO 80015

Numbers may be picked each race day beginning at 3:00 PM at the Smokey Hill Parking Lot Pavilion.

PLEASE NOTE

You will be issued one number for the entire series. DO NOT DISCARD YOUR NUMBER AFTER THE FIRST WEEK - YOU WILL NEED IT FOR ALL THE RACES! Racing numbers are not transferable to another racer. The race number must be pinned correctly on the right side. If the number is obstructed by hair or other obstacles from the view of the spotter or timers, then you may not receive a time and any protest is invalid. If you purchase more than one start time you will be given a number for each slot.

RULES TO FOLLOW

All USAC rules apply, including STRICT ADHERENCE TO THE CENTER LINE RULE.

All riders must ride to the right unless passing another rider.

Helmets must be worn at all times when on a moving bicycle. All riders are required to report to the start house 3 minutes prior to their appointed start time per USAC Rule 3E5(a).

USAC RULE 114 YOUNG JUNIOR/YOUTH BICYCLES

All juniors are gear restricted. KHMTT will use the "roll-out method" at the start for all juniors, which limits a top gear to 26'-0". Juniors please report a few minutes early to the start to ensure that you can be rolled-out in time to make your start time. See http://www.usacycling.org/forms/rules/JUNIOR_GEAR_ADJUSTMENTS.pdf

USAC RULE 115. YOUNG JUNIOR/YOUTH BICYCLES

All riders aged 14 and under are restricted to massed start bicycles as defined in 111(g). These bicycles must also have at least 16 spokes and no wheel covers may be used.

Green Mountain Sports can do the gear adjustments in the Smokey Hill Parking Lot.

RACE COURSE AND START INFORMATION

The course is held on completely open roads at Cherry Creek State Park and features fast turns, rolling terrain and a long straight uphill finish. The start line is near the East Shades Restrooms, 1/4-mile from the Smoky Hill Picnic Area.

Do not warm-up in the area near the boat ramp as the Park does not permit bicycle use of that lot. Please do not warm up or cool down on the course.

Starts are at 20 second intervals - do not miss your start time! "Official" start time is as determined by the Chief Referee. Do not rely on the time shown on your cell phone - it may not be the "official" time. Check the posted time when you arrive.

MECHANICAL SUPPORT

On site mechanical support will be provided by Green Mountain Sports.

CHERRY CREEK STATE PARK (CCSP)

We are a guest at CCSP so please act accordingly. You must enter the Park through the East Gate. This entrance is located on Parker Road, approximately 1 mile south of the intersection with I-225. Racers may not drive through any other entrance. Single day entrance fee is \$9.00. An annual pass which includes all State Parks is \$73. To purchase an Annual State Park Pass and the \$3 CCWBA pass (required for CCSP) please visit:

<http://www.parks.state.co.us/Parks/CherryCreek/Fees/Pages/Fees.aspx>

Please note: It is illegal to park on the shoulder or on grass in the State Park. Failure to follow instructions from parking marshals will result in tickets and possible towing. You don't want to finish your race and find that your car has been towed.

RESULTS & AWARDS

If there are 10 or more entrants in a category, then medals will be awarded to the top three in that category. If less than 10 racers then only the top finisher will receive a medal. Please see www.coloradocycling.org for results and other important information. The rider's best placing in six races will be used to determine the overall winner.

THE COURSE

