

Join us for the 4th annual BRAC Women's Camp!

Saturday April 30, 2016

9:00 am - 4:30 pm

At TrainingPeaks

7007 Winchester Cir, Boulder, CO 80301

USAC Permit #2016-1687



Brush up on your skills and refresh your racing knowledge in a safe environment with supportive and experienced coaches. Topics will include: the basics of sprinting, pack handling, emergency braking, cornering, race tactics and more! This camp is for both novice and experienced racers.

Registration: \$65

Registration includes professional coaching, lunch and beverages

Register online [HERE](#) Online registration closes April 28 at midnight. There will be day-of registration if space is available. This camp fills up, so we encourage pre-registration!

USAC license required or 1 day license \$10

Contact: Jennifer Sharp
jennifertriplett10@gmail.com

Space is limited to 40 participants!

The clinic will earn you 3 upgrade points for category 4 to 3

Camp Schedule

9:00 Check In
9:15 Welcome and Introductions
9:30 Race Seminar and Discussion
10:15 Skills Training
12:30 Lunch
1:30 Skills Training and Mock Race
3:30 Happy Hour Debrief
4:30 End of Day



**Bicycle Racing
Association of Colorado**

Camp Coaches

Sue Lloyd: USAC level 2 coach, Owner of Inspired Training Center

Alison Powers: USAC level 2 Coach, Owner of ALP Cycles Coaching

Jennifer Sharp: USAC level 1 Coach, ALP Cycles Coaching

Kathy Zawadzki: USAC level 1 coach, Owner of The Fast Lab



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