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BRAC Junior Track Cycling Camp

April 22-23, 2017

USOC Memorial Park Velodrome Colorado Springs, CO
USAC Permit - 2017-1410

We are pleased to announce the 2017 BRAC Junior Track Cycling Camp. The camp takes place over the weekend of April 22-23. We will learn to ride on the USOC Memorial Park Velodrome, which is located in Colorado Springs. The riders will also get to spend Saturday night at the Olympic Training Center. Five meals from the training center are included along with snacks at the velodrome on Sunday.

During camp, riders will learn how to ride on the track. This includes learning the standard means of communication, common riding practices, and predictable riding, all which ensure safety while racing and training on the track. We will also go over the track bicycle in general, cover how to change gears, and give advice on which gears to ride for certain events and training. Finally we will learn about the different track races and get to practice racing! In addition to this, there are also sessions geared towards the more experienced track rider.

Who Can Attend: Male and Female riders with a current racing age between 12-18. Riders must hold a 2017 USA Cycling Road/Track racing license. In addition, priority and price discount will apply to BRAC members.

Dates/Times: Saturday, April 22nd 11:00 am – Sunday, April 23rd 4:00pm

Registration: Contact Shawn Farrell (ExecDir@coloradocycling.org
719-393-5711

Costs: **\$75 per rider for BRAC members. \$110 per rider for non BRAC members.**
Cost includes:

- All associated track fees including track bike rental
- All coaching fees
- Room and meals at the US Olympic Training Center
- Snacks at the velodrome on both days.