

48TH
ANNUAL

Learn to Race! Beginner Womens & Mens Clinics!

FRED PRINDLE MEMORIAL • SATURDAY, JUNE 1, 2019

CITY PARK CRITERIUM



DIRECTIONS: Take I-70 to York St., Enter on 21st & York St.

CATEGORY	START	DURATION	LIMIT	PRIZES/PLACES
Beginner Mens Clinic	7:00 AM	30 MIN	15 min discussion/ 15 min on course	Merchandise/3 each
M 4-5 / M 15-16 / M 17-18	7:30 AM	40 MIN	75	
Beginner Womens Clinic	7:50 AM	30 MIN	15 min discussion/ 15 min on course	Merchandise/3 each
W 4-5 / W 15-16 / W 17-18				
W 50+ / W 60+	8:25 AM	40 MIN	75	Merchandise/3 each
M 40+ 3	9:15 AM	45 MIN	100	Merchandise/3
M 40+ 4-5 / M 50+ 4-5	10:10 AM	40 MIN	75	Merchandise/3 each
M 3	11:05 AM	50 MIN	100	Merchandise/3
Free Kids Race (Officials Lunch)	12:05 PM	30 MIN		Ribbons and MILK!
M 9-10 / W 9-10 / M 11-12 / W 11-12				
M 13-14 / W 13-14	12:35 PM	20 MIN	75	Merchandise/3 each
M 50+ 1-2-3 / M 60+ / M 70+	1:05 PM	45 MIN	75	Merchandise/3 each
M 40+ 1-2-3	2:05 PM	50 MIN	100	Merchandise/3
W P-1-2 / W 3 / W 40+ (1 min staggered start. W3 & W40+ race together)	3:05 PM	60 MIN	75	\$600/5 P-1-2 /others merch.
M P-1-2	4:15 PM	75 MIN	100	\$800/8

REGISTRATION & DETAILS

Registration via USAC website: \$35;
\$15 for Men/Women ages 9-18
Available until Thursday, 05/30/19 at 10pm MST
****Race Day Registration:** Additional \$10
day of registration (Fee + \$10)

Additional Races: \$15
All USAC rules apply
Race Day Registration opens 6 am;
Closes 40 minutes prior to each race

Buy annual license at: usacycling.org
1-day license: Available for \$10 (M Cat 5 / W Cat 5)

BRAC annual membership at: coloradocycling.org
BRAC membership encouraged to avoid an
additional fee of \$5 for a 1-day BRAC
membership. Exempt with USAC 1-Day,
Out-of-State riders.

Free lap per officials' discretion
Wheel Support: Neutral support by ROL Wheels.
Race held rain or shine. Bathrooms available at
Start/Finish (at City Park Pavilion)

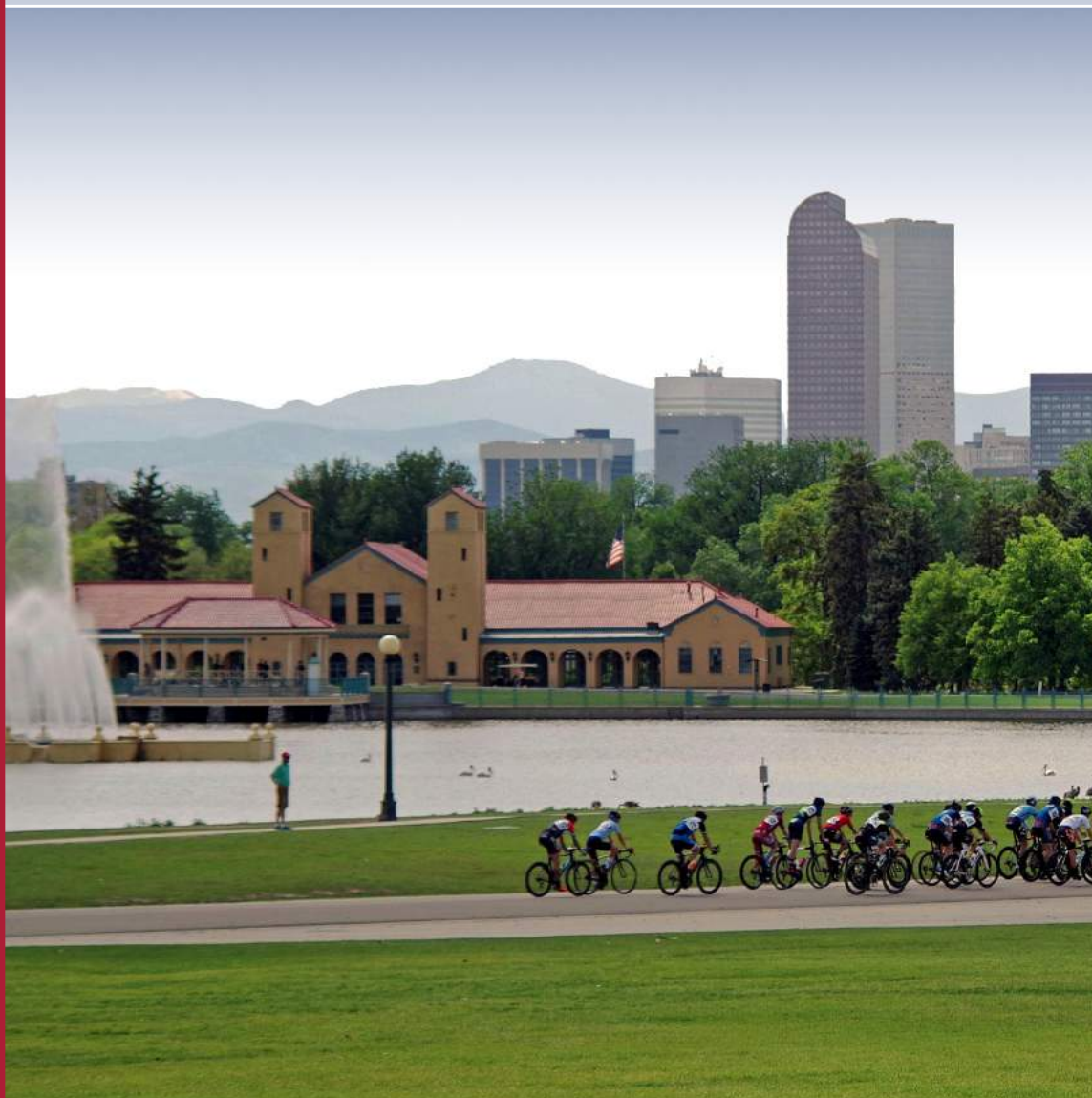
USAC Permit #: 2019-1801
Chief Referee: Tim Madden
Info: rockymountainroadclub.org
Contact: stevefthomas@msn.com



48TH ANNUAL

FRED PRINDLE MEMORIAL • SATURDAY, JUNE 1, 2019

CITY PARK CRITERIUM



HELLO BIKE RACERS AND FANS,

IF YOU ARE NEW TO RACING WE ARE HOLDING TWO BEGINNER CLINICS, ONE FOR THE WOMEN AND ONE FOR THE MEN.

The **men's clinic** begins at 7:00 am and will include 15 minutes of theory and 15 minutes of practice on the race course. The beginner men's race begins at 7:30 am (M 4-5 / M 15-16 / M 17-18). It is a good idea to arrive an hour early to register for your race, and for the clinic. (6:00 am) There is no fee for the clinic. Registration closes 40 minutes prior to each race. **MEET AT SIGN NEAR REGISTRATION.**

The **women's clinic** begins at 7:50 am and will have 15 minutes of theory and 15 minutes of practice on the race course. Immediately following the clinic will be the women's beginner race (W 4-5 / W 15-16 / W 17-18). It is a good idea to arrive an hour early to register for your race and for the clinic. (6:50 am) You will need to register for the clinic. There is no fee for the clinic. Registration closes 40 minutes prior to each race. **MEET AT SIGN NEAR REGISTRATION.**

THE START FINISH IS LOCATED AT THE PAVILIONS, which is located more centrally in the park. If you have ever been to Jazz on the park the pavilions is where the stage is usually located. It is located on the west side of Ferril lake (paddle boats) and east of the Martin Luther King Jr. round about.

We have also added lots of parking in the park. The road where the old start finish was located is now available for parking. There are two ways to access this parking, you can enter from 23rd street just east of York going south or you can enter from 21st street and York.

The course will be run clockwise and the start/finish will be 50 meters west of last years start/finish. Study the course map and come pre-ride the course. The new course has a better straighter sprint finish and we have eliminated pinch points and the hairpin turns.

We will also have a **COMPLEMENTARY BEER GARDEN COMPLEMENTS OF THE BULL AND BUSH PUB AND BREWERY!** This will be located in the Pavilions north of the Start Finish. There will also be food trucks and various bicycle vendors. Turin bicycle shop will be on site with some E-bikes for people to try out as well.

This is going to be a great event so put it on your calendar and be ready to have a great time. **SEE YOU ON JUNE 1ST!** RMRC is looking for new members so if you are interested in joining a team contact us on our website at www.rockymountainroadclub.org or let one of us know.

Buy annual or experience one-day licenses for former CAT-1-4 riders at USAcycling.org. One-day beginner licenses available on-site for \$10 for CAT 5 Men/Women.

