

11th SSSR

STEAMBOAT SPRINGS STAGE RACE

August 31st - September 2nd, 2019

Presented by



-Racer Technical Guide-

A premiere event of
STEAMBOATVELO

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A USA CYCLING Sanctioned event, Permit # 2019-2215

Promoter/Promoting Club: Corey Piscopo/Steamboat Velo - corey@bikesteamboat.com

-Race Officials-

Chief Referee/Moto: Michael Christopher - michael@inspiredtrainingcenter.com

Chief Judge: Lynn Taylor - lynn.taylor2010@hotmail.com

Assistant Judge: Leslie Ramsay

Assistant Referee/Moto: Randy Shafer

Moto: Mark Berenson

Moto: Jim Arnold

Timing/Results: D&L Sound, Doug Ashbaugh

Post Race Results, Category, & BRAC Cup questions: membership@coloradocycling.org

Area Hospital: Yampa Valley Medical Center, 1024 Central Park Dr. 970-879-1322

- Racers- review this technical guide carefully as it replaces the original race flyer and includes important details to ensure you have a safe and fun race. Additionally, it is your responsibility to seek out the daily race communique posted each day online and at racer sign-in as these will contain pertinent details, penalties, and warnings.

General Information

Registration: This event is pre-registration only with no day of registration accepted.

Registration is available online at <http://www.bikereg.com> through Wednesday August 28th.

- No refunds are given past August 15th and we cannot refund if any racing is cancelled due to weather or other unforeseen dangerous conditions during the event.

Categories Offered:

- SM P-1-2, SM 3, SM 4, SM 5
- SW P-1-2-3, SW3, SW 4-5, MW40+, MW50+, MW60+
- JW 15-16, 17-18, JM 15-16, 17-18
- MM 40+ 1-2-3 MM 50+ 1-2-3 MM 40+ 3-4 MM 40+ 4, MM 50+ 4, MM60+ / MM70+

Racing License: All racers must be licensed with USAC and Colorado participants must be members of Bicycle Racing Association of Colorado. One-day USAC licenses (\$10/day) available only for Category 5 men and Category 5 women. BRAC 1-day memberships for Colorado one day racers available at registration pickup (\$5/day).

Registration Packet Pickup: Registered riders can pick up their registration packet on Saturday August 31st starting at 8:00 am, at Olympian Hall (845 Howelsen Hill Pkwy next to the ski jumps). All racers must present a valid racing license at packet pickup and be prepared to pay for one-day license fees with cash or check. Parking, toilets and water for Stage 1 & 2 will be available at this same location.

Stage Sign in: Rider sign in is not required for Stage 1, however all racers must sign in before the start of Stage 2(@ Olympian Hall) and Stage 3(@ Start area for the Crit).

- Failure to sign will result in time penalties.

Sunday Citizen Road Ride: Riders participating in the Sunday Citizen fun ride are not required to have a racing license, but do need to come to packet pickup on Saturday morning between 8:00am and noon to pick up their number. Citizen's riders will complete either the 46 or 62mile road course with full neutral support.

Race Communications: Daily Stage results, G.C., & Communiqués will be posted onsite at Howelsen Hill as well as online at bikesteamboat.com. All racers should check the daily communiques from race officials for any stage notes and penalties.

Race Scoring & Timing: Stage race rules require that each rider finish a stage in order to be eligible to start the next day, with the sum of each rider's overall time used for General Classification (G.C.). All protests of results should be given to the Chief Judge, while all other protests can go to the Chief Referee. Protests concerning race incidents must be within one hour of the riders finish and submitted per 3H7(e). Protests concerning placings must be submitted prior to the start of the following stage for Stages 1 & 2, and within 15 minutes of

posting for stage 3.

- General Classification will be done by accumulated time with time bonuses available for the top 3 finishers in Stages 2, & 3.
- Racers missing a stage start or failing to finish a stage will receive a DNF for the race.
- Tie-Breaker:** In cases where two or more riders are tied in their final general classification, their order shall be determined by adding fractions of a second from the Stage 1 individual time trial back into the total time. Should this not suffice to break the tie, their places in the final stage shall decide the order.

Mishaps & Time Cuts:

- Stage 1** – Any rider who suffers a mishap during the Stage 1 time trial will receive the time of the slowest rider in their category and be permitted to start the next stage, but must report their mishap to race officials at the finish line. Failure to start Stage 1 is a DNF.
- Stage 2** – All riders must complete the entire course in order to start stage 3, no timecut.
- Stage 3** – Riders suffering a mishap in the criterium with less than 6 laps to go will be given the same finishing time as the riders he/she was with at the time of the mishap. Riders with mishaps prior to 6 laps may take a free lap upon getting to the wheel pit.

Rider Conduct: SSSR is governed by the rules found in the USA Cycling rulebook, including all specific “stage race” rules. USADA Doping control may occur at our event and signs will be posted at the finish for any USADA testing along with directions for those selected riders.

- Public urination, littering outside of the feed zones, crossing the centerline, using radio equipment, disregarding directions of race officials and race staff are violations that will result in time penalties or disqualification. Disregarding these rules will also jeopardize the reputation of the event.
- A centerline rule is in effect for stages 1 & 2, violation of the yellow line rule to advance position or repeated drifting may result in fines, time penalties or disqualification.
- Do not impede local resident motor vehicle traffic unnecessarily when dropped from a main group or by riding in the lane for the time trial. Please stay as far right as practical and safe.
- Never under any circumstances turn back over the finish line once you have finished your race. It is dangerous to finishing racers and distracting to our finish officials.

USAC Junior gearing: Restrictions apply regardless of race category and roll out will be performed before each stage at the start. Per USAC Rule 114, the maximum chain gear ratio allowed is 7.93 meters (rollout 26’”).

Neutral Support: Absolutely no team or individual vehicles are allowed to follow racers or give support in any stage outside of the designated feed zones. Noncompliance will result in fine and disqualification.

- Road Race feeding shall occur only from designated feed zones and riders must dispose of feeding materials only in the feed zones.

Number Placement: Please locate your number on the correct side(s) as illustrated in the photo. Do not trim, fold or crumple your bib numbers! Doing so makes it much more difficult for the judges to give you the correct placing in the race. Riders with long hair please make sure your number is visible.



Number placement is as follows:

- Stage 1 Time Trial:** 1 number, right side
- Stage 2 Road Race:** 2 numbers, one on each side
- Stage 3 Crit:** 2 numbers, one on each side

Helmets: Per USAC rules, riders are required to wear a securely fastened helmet while riding. Please take this seriously as you could be disqualified for violating this rule.

Awards Presentations:

Saturday 8/31: Podium for top 3 in all categories - 4:00pm @ Howelsen Hill (Reg area)

Sunday 9/1: Podium for top 3 in all categories - 4:15pm @ Howelsen Hill (Reg area)

Monday 9/2: Awards presentations for Top 3 stage and top 3 G.C. finishers in all categories will be held at the start/finish area shortly after completion of each race.

Lanterne Rouge: The rider with the slowest accumulated time in overall GC for the Men's and Women's Pro-1-2 fields can opt to receive the Lanterne Rouge award in honor of their finishing last place and not abandoning the race.



Stage 1: Individual Time Trial

Saturday August 31st

Course Description: This 22 kilometer course starts on Highway 40 and travels 1.1K to a right hand turn onto highway 131. Racers then travel 8.4K to a sharp right hand turn onto county road 14. From this turn riders travel a distance of 12.5K back to the finish on River Road.

- The entire course is open to traffic, please stay as far right as practical and be alert to any motor vehicles you encounter.

Areas of caution/Rail Crossing: This course has one active railroad crossing. Do not cross the tracks when a train is approaching! Riders who are delayed by a crossing train will receive a time adjustment at the discretion of race officials.

- There are 3 turns on the course and it is essential that you review the route in advance.
- Be alert to motor vehicle traffic, which may approach from intersecting roads and driveways during your race.
- Course marshals will be focused on monitoring and communicating with motor vehicle traffic, do not rely on our course marshals to give you directions during your race. This is especially important when passing through intersection of River Road and Mt Werner Rd.

Stage 1 Rules: Do not enter onto the course in car or bike after 10:30 am on race day. Per USA Cycling rules, drafting other riders or vehicles will result in time penalties or disqualification. Riders being overtaken must move to the right and not impede the passing rider. No parking or drop offs at the start area.

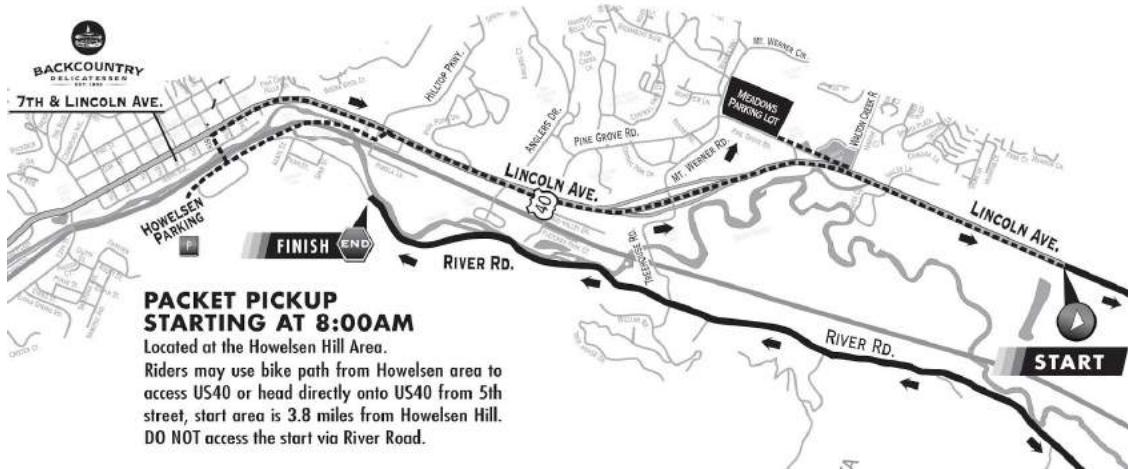
- No late TT starts are allowed beyond the times allocated for your category and failure to start the TT is a DNF meaning you cannot start Stage 2.

Start Area & Staging: Start area (35565 South Highway 40) is located 3.5 miles from Howelsen Hill registration pickup. First rider starts at 11:00 am, final start times will be posted online at bikesteamboat.com once registration online has closed.

- Arrive to the start at a minimum of 10 minutes before your start time.
- Junior gear roll outs to be performed by USAC officials at the start area prior to racing.

Directions to Packet Pickup & Parking: Located at 845 Howelsen Hill Parkway. From US40, take 5th St across the Yampa River followed by a right turn to the parking lot at end of Howelsen Pkwy/River Rd. Parking and warm up area near the start is available at the Meadows parking lot of the ski area (2216 Pine Grove Rd), which is ~1 mile to the start line. Please be extremely safe while riding to the start on US40 as this road will have heavy traffic.

Time Trial Start Order	
CATEGORY	Start
MM 60+ / MM 70+	First Rider off @ 11:00am, start times posted online
JM 15-16, 17-18	
SW 4-5 JW15-16, 17-18 MW 50+ / MW 60+	
SW 3 / MW 40+	
MM 50+ 4	
MM 40+ 4	
MM 40+ 3-4	
SM 4 / SM 5	
15 Minute Lunch Break	
MM 50+ 1-2-3	
MM 40+ 1-2-3	
SM 3	
SW P-1-2-3	
SM P-1-2	



**PACKET PICKUP
STARTING AT 8:00AM**

Located at the Howelsen Hill Area.

Riders may use bike path from Howelsen area to access US40 or head directly onto US40 from 5th street, start area is 3.8 miles from Howelsen Hill. DO NOT access the start via River Road.

**PACKET PICKUP
STARTING AT 8:00AM**

Located at the Howelsen Hill Area.

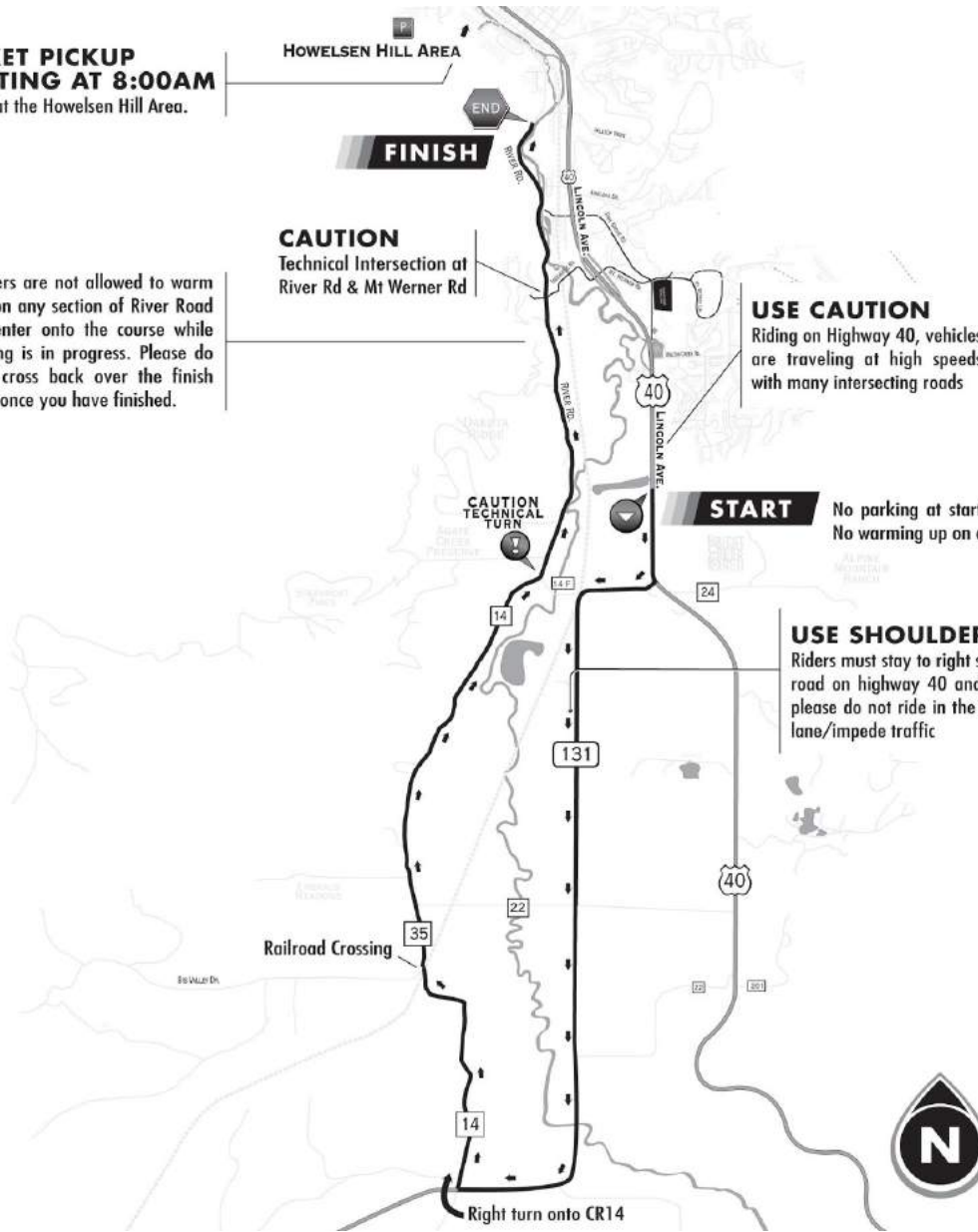
Racers are not allowed to warm up on any section of River Road or enter onto the course while racing is in progress. Please do not cross back over the finish line once you have finished.

CAUTION
Technical Intersection at River Rd & Mt Werner Rd

USE CAUTION
Riding on Highway 40, vehicles are traveling at high speeds with many intersecting roads

No parking at start area.
No warming up on course.

USE SHOULDER
Riders must stay to right side of road on highway 40 and 131, please do not ride in the travel lane/impede traffic



Stage 2: Road Race & Citizens Fun Ride

Sunday September 1st

Course Descriptions: 46, 62, and 80 mile courses takes riders out and back on the challenging hills west of Steamboat Springs. The finish line for all racers is a right turn off of 13th street onto Critter Court, with full use of Critter Court allowed to the finish line.

Citizens Ride: A one day fun ride on the 46 or 62 mile road course for non licensed riders. Take advantage of our feed zones, course marshals, and neutral support at your own pace.

Finish Time Bonuses: 1st place - 10 sec, 2nd place – 6 sec, 3rd place – 4 sec.

Road Race Sign in & Wheel Drop off: Racer Sign-in, parking, wheel drop off and bathrooms are located at 845 Howelsen Hill Parkway. All support vehicles will be staged here and require wheels to be in vehicles at least 20 minutes prior to start time.

ROAD RACE START TIMES		
CATEGORY	Start Time	Miles
SM 4 / SM 5	7:30AM	46
MM 40+ 4	7:32AM	46
MM 50+ 4 /MM 60+ /MM 70+	7:36AM	46
JM 15-16, 17-18	7:38AM	46
SW 4 /JW 15-16,17-18 /MW50+ /MW60+	7:42AM	46
MM 40+ 3-4	8:30AM	62
MM 50+ 1-2-3	8:33AM	62
SW P-1-2-3	8:35AM	62
SW 3/MW 40+	8:37AM	62
Citizen's Ride	8:38AM	62
SM P-1-2	12:00PM	80
SM 3	12:05PM	80
MM 40+ 1-2-3	12:08PM	80

Directions to Start Line: All riders will be staged and start from the parking lot located at 1310 13th st, just past the Critter Court finish on the right side of the road (~5 minute ride from Howelsen Hill). Wheels vehicles will be loaded at Howelsen and depart for staging area 15 minutes prior to start time. Junior gear roll outs to be performed at this start area prior to start.

Centerline Rule & Riding outside of peloton: The road course is open to traffic as well as open range for livestock.

- There is strict enforcement by our moto officials of yellow line rules and violators will be relegated, fined, or disqualified.
- If you are dropped from your main group and fall behind the support vehicles, please stay to the right and give vehicles room to pass. This is a basic courtesy that helps maintain support of the event with local residents.

Sign-in: Sign in opens 1 hour prior to race group start. All racers must sign in 15 minutes prior to their start at Howelsen Hill. Failure to sign in will result in a 1 minute time penalty for the first offense and disqualification for the 2nd offense.

Feed/Discard Zone: Feed Zone #1 will be located at mile ~23 with neutral water bottles and Honey Stinger product available to all riders. Best route to feed zone #1 for team support is to use Highway 40 West and then turn left onto CR-27. 80 mile racers will have a 2nd feed zone at mile 53. Best route to feed zone #2 is to travel east from Steamboat on Highway 40, then right onto Hwy 131 followed by a right turn on CR-27 just before entering Oak Creek.

- All feeding must take place from the right side of the road.

Wheel Support: Support vehicles will operate as neutral support once 8 sets of racer wheels are in the vehicle. Should the vehicle have less than 8 sets of wheels, wheels-in, wheels-out rules will apply. Please label your wheels with name, race number and team name and drop them off to your support vehicle 20 minutes prior to your start time. Steamboat Stage Race is not responsible for any damaged or stolen wheels and all wheels will be returned to Howelsen Hill parking lot following your race.

- Due to the high number of categories spread out on the road, a support vehicle may require additional time to service you, however we will ensure every rider who needs support can get it in order to finish the stage.

Hazards:

- Train Crossing:** The road course has one active railroad crossing that you will cross from both directions. Do not cross the tracks when a train is approaching! Riders who are delayed by the train will receive a time adjustment at the discretion of race officials. Please be aware this railroad crossing is rough and a decrease in speed is suggested to avoid flatting.
- There are two high speed descents located at miles 10 and 12, please use caution and DO NOT cross the yellow line on any descent as there may be vehicles coming up the climb.

Medical Support: Areas of the road course are very remote and a long distance from Steamboat Springs hospital. An Ambulance will be located on course at the T intersection of CR-33 and CR-27 (19 miles from the start) in addition to an EMT at the finish area.

- Please put your safety and the safety of the other racers as a top priority, use good judgment with road hazards and motor vehicle traffic.

Stage 3: Criterium

Monday September 2nd

Course: 1.3K loop with 4 wide open left hand turns, a short climb, and wide open sprint finish.

Time Bonuses: 1st place - 10 sec, 2nd place – 6 sec, 3rd place – 4 sec. Additionally, there will be a bonus sprint for 3,2, & 1 seconds at the middle lap of the race for 1st, 2nd, and 3rd place. Cash and merchandise prize laps awarded throughout the day.

Free Lap Rule: Any rider who punctures or suffers a legitimate mishap may report to the race official at the wheel pit located just past the finish line and then take a free lap until 6 laps to go (8Km to go). Riders returning to the group after a free lap are ineligible for sprint prizes for one lap thereafter. Riders suffering a mishap with 6 laps to go or less will be given the time of the group that they were with at the time of the mishap and last place in that group.

Category	Start Time	Duration
SW 4-5/ MW50+/MW60+ JW 15-16, 17-18	7:20am	40
MM 40+ 4 MM 50+ 4	8:10am	40
SM 4 SM 5 JM 15-16, 17-18	9:00am	40
MM 40+ 3-4	9:50am	45
MM 50+ 1-2-3 MM60+/MM70+	10:45am	45
SM 3 MM 40+ 1-2-3	11:40am	50
Kid's Fun Ride	12:30am	30
SW P-1-2-3 / SW3/MW40+	1:00pm	45
SM P-1-2	1:55pm	60

Lapped Riders: Lapped riders may be pulled when passing the start/finish line at the discretion of the chief referee. Racers that are pulled will receive a prorated time. Any rider who drops out of the race for any other reason will receive a DNF for stage and GC results.

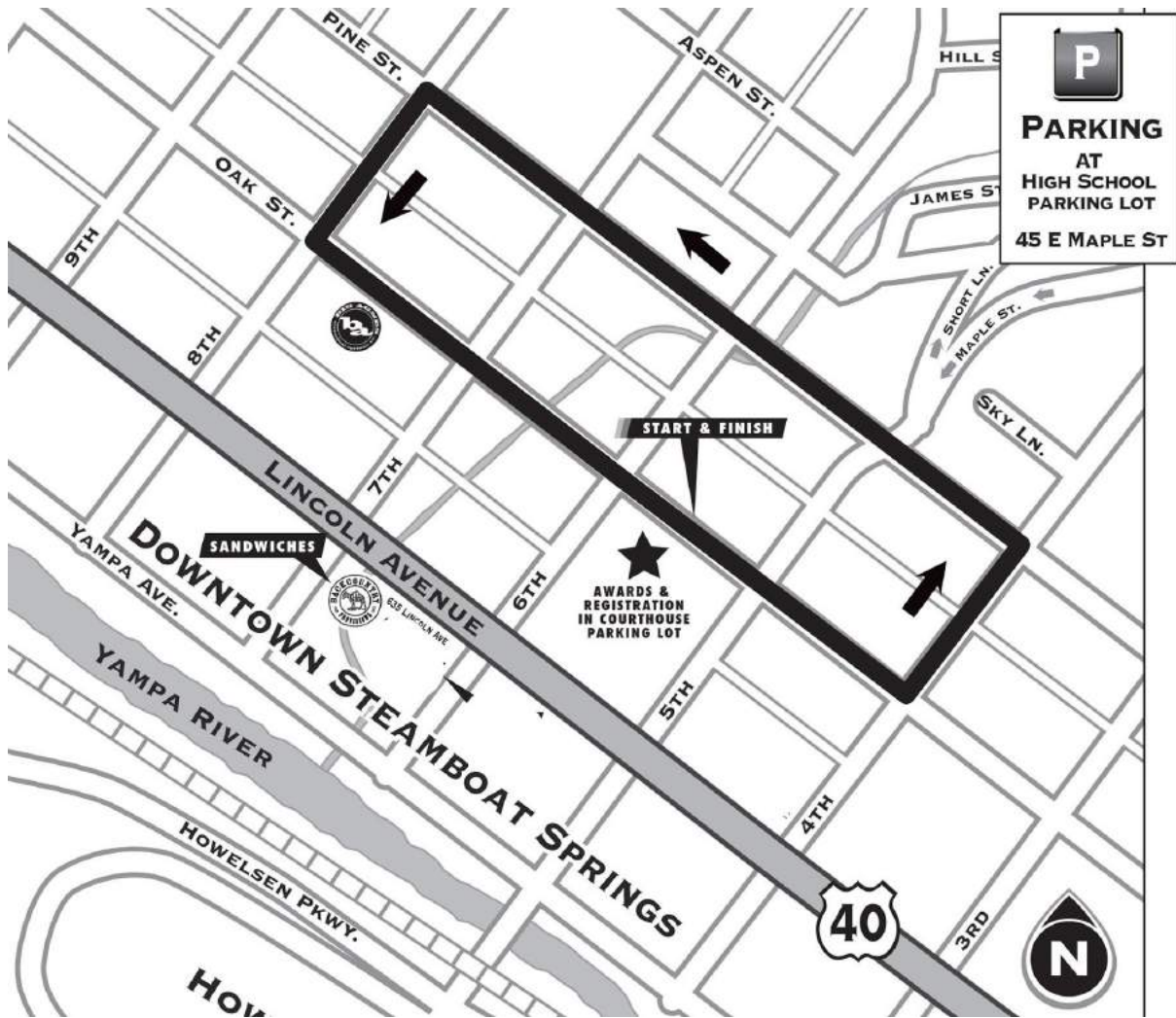
Number placement: Two numbers, one placed on each side.

Sign-in: Located at the start/finish area next to 5th St & Oak St.

Wheel Pit: Please label all wheels you place in the pit with your name & race number.

Awards: Held near the start/finish following the protest period for each group. Final GC results will then be posted once the stage results are final. Awards must be picked up on the final day of racing from the start/finish area.

- No awards or prizes will be mailed after the criterium.



2019 Prize Purse - General Classification

Place	SM P-1-2	SM 3	SM 4	SM 5	MM 40+ 1-2-3	MM 40+ 3-4	MM 40+ 4	MM 50+ 1-2-3	MM 50+ 4	MM 60+	MM 70+
1	\$300.00	\$150	Merch.	Merch.	\$200.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.
2	\$275.00	\$100	Merch.	Merch.	\$125.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.
3	\$250.00	\$90	Merch.	Merch.	\$75.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.
4	\$225.00	\$80									
5	\$180.00	\$65									
6	\$175.00	\$55									
7	\$145.00	\$40									
8	\$125.00	\$35									
9	\$90.00	\$30									
10	\$70.00	\$20									
11	\$50.00	\$20									
12	\$40.00	\$15									
13	\$30.00										
14	\$25.00										
15	\$20.00										
Total G.C.	\$2,000.00	\$700.00	\$0.00	\$0.00	\$400.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Place	SW P-1-2-3	SW 3	SW 4	MW 40+	MW 50+	MW 60+	M/W 15-16	M/W 17-18			
1	\$300.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.			
2	\$275.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.			
3	\$250.00	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.	Merch.			
4	\$225.00										
5	\$180.00										
6	\$175.00										
7	\$145.00										
8	\$125.00										
9	\$90.00										
10	\$70.00										
11	\$50.00										
12	\$40.00										
13	\$30.00										
14	\$25.00										
15	\$20.00										
Total G.C.	\$2,000.00										
Total Purse:	\$5,100.00										

